

## Sensory backpacks

We aim for Westminster Abbey to be an accessible space for all students. Our sensory backpacks are a free resource to support student engagement during their visit to the Abbey. The sensory backpacks are available to school groups visiting the Abbey on a guided tour.

Our sensory backpacks contain a variety of tools to support student engagement during their visit. This includes;

- **Sensory support objects:**  
fidget toys, pop-its, squishy shapes, metallic sound pebbles
- **Exploration tools:**  
mirror, coloured paddles
- **Site and theme specific object handling:** candle, holding cross, altar cloth fabric, pictures
- **Independent engagement tools (if students need time out):**  
story book, fact cards



We currently have two backpacks available per class. We ask that teachers and adult helpers manage the use of backpacks and check that all items have been returned at the end of the session. Please indicate on your booking form if you would like to use the sensory backpacks during your visit.

We are always looking to improve our offer and the accessibility of the Abbey and therefore welcome feedback on our sensory backpacks. If you have used the backpacks on a visit, please share your experience via our [feedback form](#).

If you have any questions about the sensory backpacks or if there is anything further we can provide to support your students, please email us [learning@westminster-abbey.org](mailto:learning@westminster-abbey.org).

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